

Trazodone 150mg side effects Aching joints and back

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I have been taking 150mg of Trazodone at night for a week now, the good news is my head / mental health seems to be a lot better, I feel less anxious and depressed.

BUT I am suffering with aching joints, particularly my knees and back, find it difficult to physically get out of bed because I ache and feel so 'heavy', to the point I am close to calling my wife to help me out of bed.

I have found a number of discussions and acknowledgments of the problem of joint ache whilst taking Trazodone, but no one seems to be talking about what they or the doctor did about it. I would be reluctant to stop taking Trazodone because I feel so much better mentally. Anyone else got any experience of how they dealt with the pain?

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