

# My Medication

11/06/2012

0 Comments

My Medication for anxiety and depression is considered below, click on the image for more information from NHS UK about the drug .....



Citalopram was initially prescribed and my dose was slowly increased to 40 mg per day. My health got worse, whether this was eased or exacerbated by the Citalopram is unknown, this prescription was changed after 18 months. I found it had no side effects on me.

Seroquel (Quetiapine) as prescribed for about 6 months, I did not get on with the drug as I was knocked out most of the time, so it was changed.



I have been taking Pregabalin (Lyrica) for 18 months, between 200 and 300 mg twice a day, initially this drug made me light headed and dizzy but now I am comfortable with it. I still take this medication

My Duloxetine (Cymbalta) prescription has been 60 or 90mg. I currently take 90mg once day. I am currently on 90mg with 200 mg of Pregabalin. I have found no noticeable side effects



I have also had a prescription for 5mg tablets of Diazepam which i take when i am

struggling greatly with anxiety. I find Diazepam acts as a sedative for me.

